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1. An enteral dietary composition, comprising two or more lactic acid bacteria selected from the group consisting of Streptococcus thermophilus and Bifidobacterium longum, each at a concentration equal to or greater than 1×10^{11} CFU per gram of bacteria.
2. The composition of Claim 1, wherein said bacteria are live.
3. The composition of Claim 1, wherein said bacteria are dead.
4. The composition of Claim 1 wherein said Streptococcus thermophilus and Bifidobacterium longum are present in a concentration of 1×10^{11} to 1×10^{14} CFU/gram of bacteria.
5. The composition of Claim 1, which is a liquid.
6. The composition of Claim 1, which is a capsule.
7. The composition of Claim 1, further comprising a bacteria selected from the group consisting of Lactobacillus acidophilus, Lactobacillus casei, Bifidobacterium bifidum, Bifidobacterium infantis, Lactobacillus plantarum and Lactobacillus bulgaricus, each at a concentration equal to or greater than 1×10^{11} CFU/gram of bacteria.
8. Use of two or more lactic acid bacteria selected from the group consisting of Streptococcus thermophilus and Bifidobacterium longum each at a concentration equal to or greater than 1×10^{11} CFU per gram of bacteria, to prepare an enteral dietary composition adapted to modify the composition of the human intestinal flora in vivo.

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9. Use of two or more lactic acid bacteria selected from the group consisting of Streptococcus thermophilus and Bifidobacterium longum each at a concentration equal to or greater than 1×10^{11} CFU per gram of bacteria, to
5 prepare an enteral dietary composition adapted to stimulate the immune system.

10. Use of two or more lactic acid bacteria selected from the group consisting of Streptococcus thermophilus and
10 Bifidobacterium longum each at a concentration equal to or greater than 1×10^{11} CFU per gram of bacteria, to prepare an enteral dietary composition adapted to ameliorate diarrhea or intestinal disturbances in a patient in an enteral or parenteral elemental diet
15 feeding program.

11. Use of a composition comprising two or more lactic acid bacteria selected from the group consisting of Streptococcus thermophilus and Bifidobacterium longum,
20 each at a concentration equal to or greater than 1×10^{11} per gram of bacteria, as supplementation to a liquid, creamy or pasty foodstuff, said supplementation being carried out at the moment of consuming the foodstuff.

25 12. The use according to Claim 11, wherein said foodstuff is a milk, a milk-based or milk-derived product, or a product based on or derived from vegetable products.

13. A kit comprising:
30 - a container A holding a composition comprising two or more lactic acid bacteria selected from the group consisting of Streptococcus thermophilus and Bifidobacterium longum, each at a concentration equal to or greater than 1×10^{11} CFU per gram of bacteria, and
35 - a container B holding a liquid, creamy or pasty foodstuff,

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both said containers being closed and openable at the moment of consuming said foodstuff, and said container A being arranged for the purpose of supplementing the composition held therein to the foodstuff held in the
5 container B, at the moment of consuming said foodstuff.

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